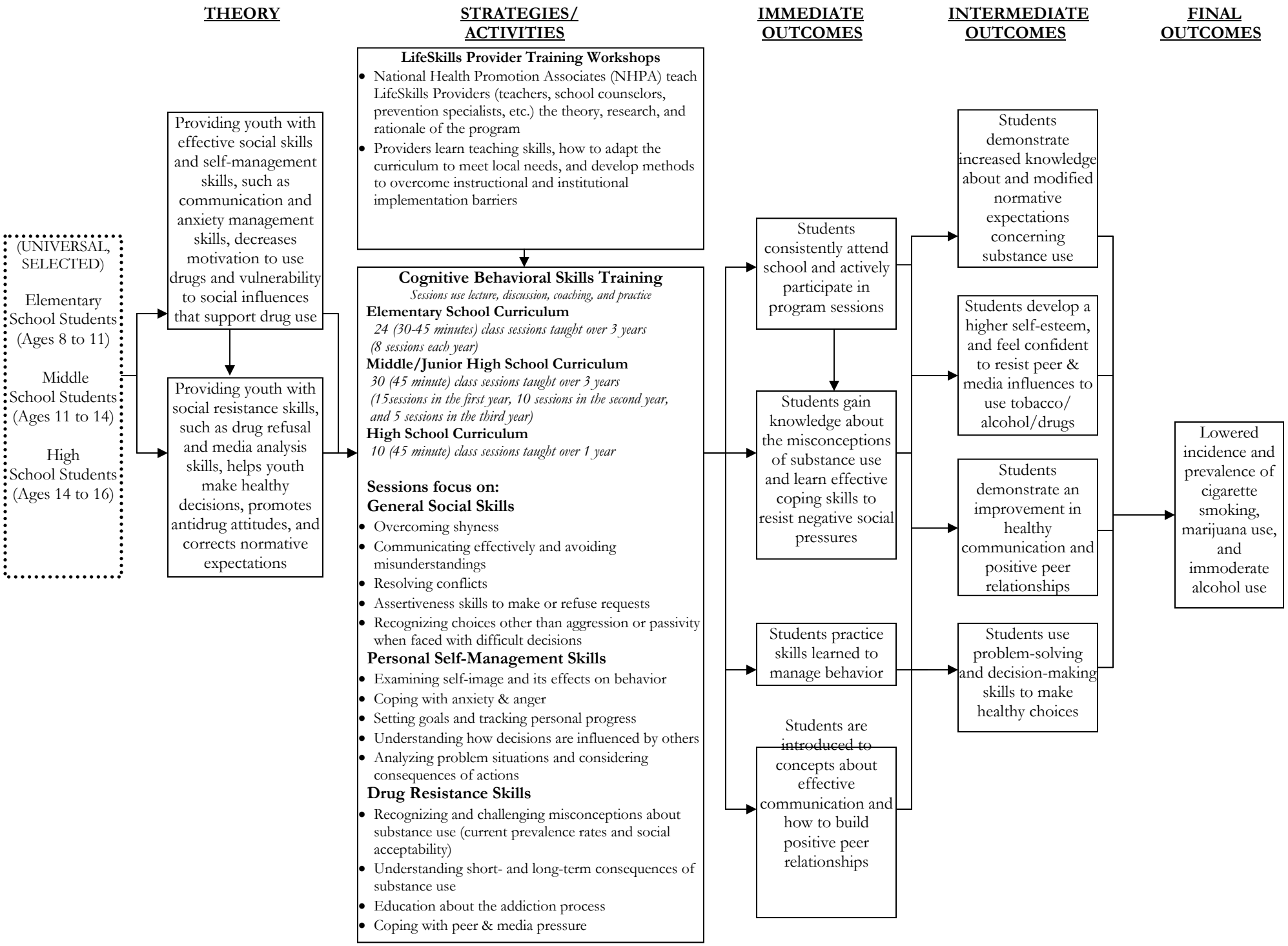LifeSkills Training (LST) – Gilbert J. Botvin