PMTO: An Evidence-Based Practice

SAMPLES
- Single Mothers (G)
- Stepfamilies (I)
- Adjudicated Youth (I)
- Immigrant Families (I & G)
- Aggressive Children (I)
- Norwegian Families (I & G)
- Icelandic Families (I)
- Norwegian Brief Parent Training (I)

I = Individual
G = Group

POSITIVE PARENTING PRACTICES
- Skill Encouragement
- Positive Involvement
- Effective Discipline
- Problem-solving
- Monitoring / Supervision

COERCIVE PARENTING
- Negative Reciprocity
- Escalation
- Negative Reinforcement

CHILD OUTCOMES
- Earlier reunification
- Arrest Rates / Severity of Crime
- Substance Use
- Noncompliance
- Delinquent Behaviors
- Academic Function
- Out of Home Placement
- Deviant Peer Associations
- Depression

PARENT OUTCOMES
- Depression
- Standard of living
- Arrest rates
- Marital adjustment / satisfaction
- Higher retention to treatment